

Autism & NDIS Support

Introducing:

Carina Beattie

Senior NDIS Consultant
Developmental Educator

Hi,

My name is Carina Beattie. I am the Senior NDIS Consultant and Developmental Educator at Marsden Health. I want to explain a little bit about what I do and how I can help you.

Whether you are new to Autism or well acquainted with neurodivergent affirming support options, there are many different ways that I can help both you and your child/teen.

As the Senior NDIS Consultant I provide expert and professional consultation to the clinical and administrative staff at Marsden Health who are involved with providing services to NDIS clients. I am also a Developmental Educator, which means I meet individuals where they are at, respecting the preferences of the families I work with and honouring each person's perspective and choices along the way.

Autism is both a personal and professional passion of mine, and I am committed to supporting the Autistic community. I view Autism as an integral part of identity, recognising that being Autistic is a valued and inseparable part of who a person is.

The following is a summary of the different ways that I can help.

1. NDIS Supports/Education

Providing participants and/or nominated representative with NDIS supports:

- NDIS meeting pre-planning
- What it is and what it isn't
- Different funding categories
- Different ways to manage support budget
- Speaking NDIS language
- How to work with the system for maximum benefit

2. Parent focused education/support

Providing educational support to parents of children, either individually, or in group format, with a focus on (but not limited to):

- a. Newly diagnosed Autism / Neurodivergence
- b. Communicating diagnoses with family or school
- c. Advocating for your child (including help with individualised education plans at school)
- d. What Autism is and isn't
- e. Individual differences with neurodivergence
- f. Understanding unique Autistic identities



3. Child/Adolescent focused education/support

Individual sessions for children/adolescents with the aim of helping them to understand and express their Autistic experience, including:

- a. Autism myths
- b. Neurodivergence
- c. What Autism is and is not
- d. Autism overwhelm
- e. Autism communication
- f. Masking
- g. Autistic identity

4. Autism Profile

When an Autistic child has been recently diagnosed or when they are transitioning from one class teacher to the next, I can create an Autism Profile, which is a CV of sorts with information about the client's strengths, differences, challenges, and needs, that can be used to support the communication of this information in an easily accessible manner to teachers and other adults in the child's life.

5. Complex Needs Assessment

In circumstances where a neurodivergent person (Autistic/ADHD) is presenting with complex behavioural and emotional patterns, a Complex Needs Assessment may be helpful to determine the underlying factors that are contributing to or perpetuating/reinforcing the challenges experienced. The Complex Needs Assessment usually involves in-depth file review, case consultation, observations, clinical interview, formulation and intervention/support planning.

6. NDIS Functional Capacity Assessments

A functional capacity assessment explores all areas of a child's life, or their functioning, to determine where the support is most needed. It can help with intervention and support planning, and sometimes may be requested by the NDIS so they can better allocate funding to the client.

We know that there is a lot to think about at the moment, but if you think there is something that we can help with, scan this QR code ([or click this link](#)) to send us a message or contact us using the details you already have.

Yours sincerely,

Carina Beattie



Scan to send Carina a
quick message